

# BHS Paralympic Legacy Access Project

Route 3- North Norfolk 1



## PLAP Route 3 – North Norfolk 1

**Distance:** Approximately 12 miles

**Map:** Ordnance Survey Explorer Map Number 236 (Map 1:25000)

**Notes:** Take care when identifying tracks as many on this route cross or are on private land. See the online Norfolk interactive map showing rights of way.

North Norfolk offers carriage drivers and riders a wide variety of landscapes, from rolling open farmland to heathland and cultivated fenland. Miles of open countryside exists – much of which is off-road and seemingly far from habitation.

It's important to take care when identifying tracks as many are on private land.

Norfolk County Council's Countryside Access Department offers an interactive map online service which enables people to identify the rights of way on routes and areas where public access to the countryside is possible.

Two drives/rides of approximately 12 miles have been identified. This ride combines carriage driving/riding using private farmland and minor lanes at Abbey Farm, East Walton. Both routes follow part of the Peddars Way which is a long-distance trail based on a roman road running from Knettishall Heath in Suffolk to Holme-next-the-Sea on the North Norfolk coast.

The two identified routes are intended for more active drivers and riders seeking access to all forms of off-road opportunity, but the area also offers a number of shorter routes on quiet lanes through which it is possible to really enjoy driving a carriage quietly around the countryside at a slower pace.

### Route Description

Starting at the farm turn left onto Church Lane and left again at the main road (B1153).

At the last house in the village turn right onto the track, taking the left fork up the hill. Gayton Thorpe church will be on your right.

Cross the road and continue until the next crossroads which you again cross over.

After half a mile take the third track on the right (small black 'route' sign).

Keep straight on for several miles passing a Pill Box (concrete hexagonal structure).

At the road bear right and after approximately a quarter mile turn right onto the Peddars Way.

At the next cross roads leave the Peddars Way turning right onto a narrow road.

# BHS Paralympic Legacy Access Project

## Route 3- North Norfolk 1



On reaching the B1145 road turn right and continue for approximately a quarter mile until you see a track on your left which leads you across Massingham Heath.

At the road turn right and continue along until you see a Restricted Byway on your left.

Turn down this – it is signed Soigne Farm.

At the track crossroads turn right, and bear right at the junction.

After approximately 100 yards (91 metres) turn left up a hill and carry on through the trees.

At the track crossroads turn left onto a grass track and follow the hedge round the field .

At the next junction turn left followed by a right turn across the middle of a field and on past the trees.

Turn left passing through the fields and at the belt of trees turn right, cross over two roads, and carry straight on home.

## General Information

**Places of interest:** Details of the vast range of places there are to visit and activities available can be found on [Visit North Norfolk](#).

**Food/shops:** Pub food and B&B facilities can be obtained from The Dabbling Duck pub in Great Massingham (PE23 2HN, 01485 520827), or West Heath Barn (Lynn Lane, Great Massingham. Contact Sue Zipfell on 01485 521748 or 07748 045093).

**Insurance:** The BHS recommends that before undertaking any part of this route, both horse and rider should be adequately insured against public liability. The British Horse Society can provide public liability and personal accident insurance cover as well as many benefits if you join as a member (terms and conditions and territorial limits apply). For more information or to join, visit [www.bhs.org.uk/membership](http://www.bhs.org.uk/membership).

**Feedback:** These routes are kept to the standard that the local authority can afford. They were all accessible at the time of launch and are on definitive public rights of way. If you experience any problems with the routes or wish to raise any concerns, please contact the local authority, your local BHS Access Officer or the Access Team at BHS HQ via [access@bhs.org.uk](mailto:access@bhs.org.uk).

## About the Paralympic Legacy Access Project

In 2013, the BHS launched the Paralympic Legacy Access Project (PLAP), dedicated to identifying and promoting 20 off-road routes across Britain. The 12-mile circular routes were recognised to suit the needs of carriage drivers with physical limitations.

# BHS Paralympic Legacy Access Project

Route 3- North Norfolk 1



The project was inspired by an anonymous donation to commemorate the achievements of the Paralympics and Para World Carriage Driving Championship in 2012. Launched by BHS President, Martin Clunes, the 20 routes were all tested prior to launch.

A huge thank you to those who volunteered their time, knowledge and input to create the routes of the Paralympic Legacy Access Project.

Discover more at [www.bhs.org.uk/carriagedriving](http://www.bhs.org.uk/carriagedriving)

## Contact Us

### Write to us

The British Horse Society  
Access & Rights of Way Department  
Abbey Park, Stareton  
Kenilworth, Warwickshire  
CV8 2XZ

### Email

[access@bhs.org.uk](mailto:access@bhs.org.uk)

### Telephone

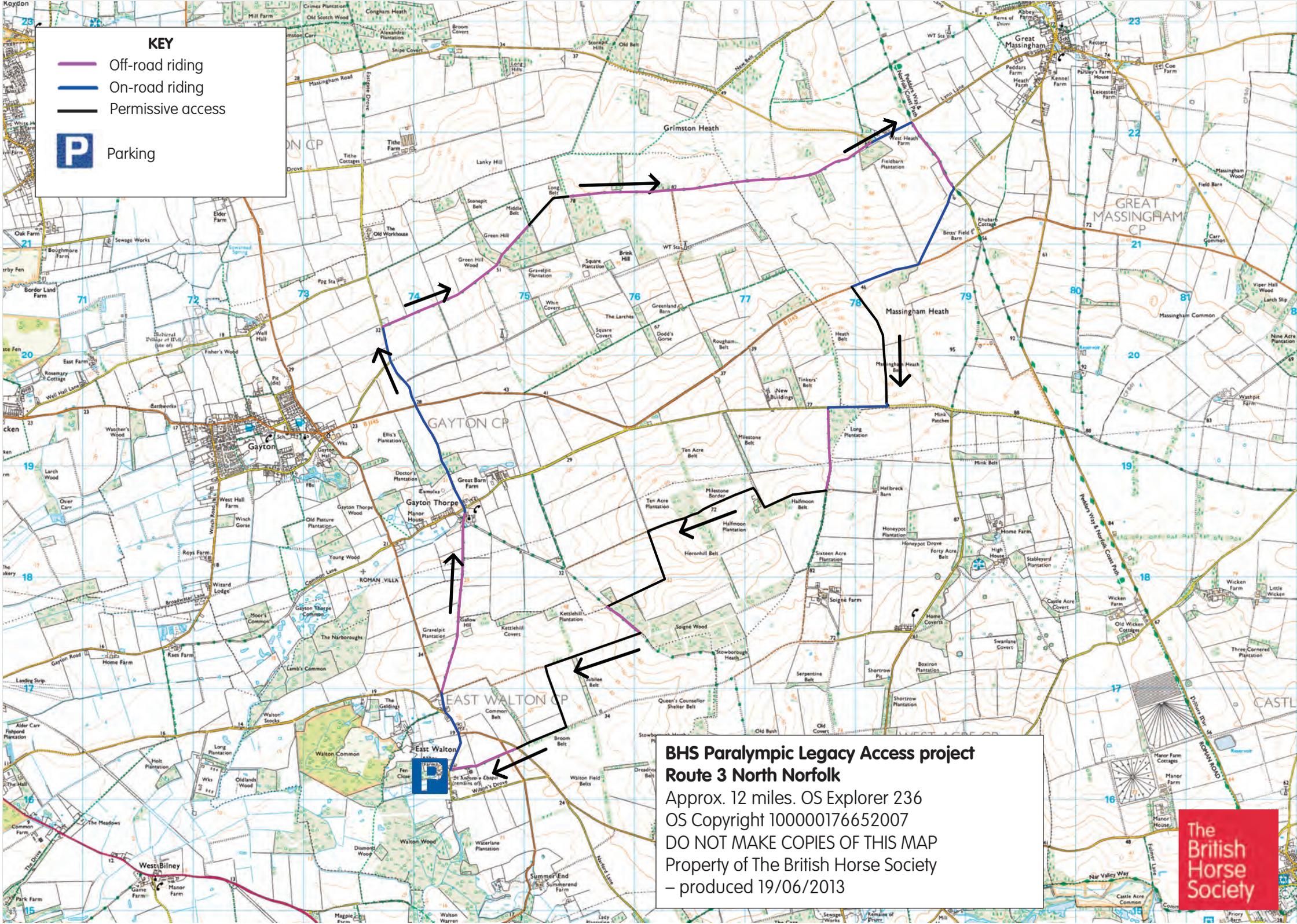
02476 840 515

### Find out more

[www.bhs.org.uk/accessadvice](http://www.bhs.org.uk/accessadvice)

**KEY**

- Off-road riding
- On-road riding
- Permissive access
- Parking



**BHS Paralympic Legacy Access project**  
**Route 3 North Norfolk**  
Approx. 12 miles. OS Explorer 236  
OS Copyright 10000176652007  
DO NOT MAKE COPIES OF THIS MAP  
Property of The British Horse Society  
– produced 19/06/2013

