# STAGE 1 - OBSERVATION SHEET

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| Assessor name: |  |
| Date: |  | Centre: |  |

# STAGE 1 RIDE - OBSERVATION SHEET

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|  | Candidate name/ number | Candidate name/ number |
| Learning Outcomes | Assessment criteria | Horse 1  | Colour: | Horse 1  | Colour: |
| Horse 2  | Colour: | Horse 2  | Colour: |
| LO1 – Prepare horse and tack before mounting | 1.1 Check the tack for safety and comfort before mounting |  |  |
| 1.2 Position horse in preparation for mounting |
| **LO2 – Be able to mount and**dismount from a horse | 2.1 Mount and adjust girth and stirrups |  |  |
| 2.2 Dismount and adjust tack |
| LO3 - Be able to ride horses in walk, trot and canter under supervision | 3.1 State the reasons for warming up and cooling down a horse |  |  |
| 3.2 Ride in a balanced and secure position with stirrups |
| 3.3 Ride showing respect and consideration for the horse and other riders |
| 3.4 Maintain a balanced position in walk and trot without stirrups |
| 3.5 Maintain a balanced position in trot and canter in a light seat |
| 3.6 Maintain a balanced position over trotting poles |
| 3.7 Ride transitions between the paces |
| 3.8 Ride simple school figures |
| 3.9 Outline the aids for riding transitions and turns |
| 3.10 Ride on the correct trot diagonal |
| 3.11 State the number of beats within the pace and the sequence of footfalls |
| 3.12 Recognise correct canter leads |

**PLEASE HOLD ONTO OBSERVATION SHEETS FOR 3 MONTHS. CONFIDENTIALLY DESTROY AFTER THIS TIME**