

### Riding jump silver

- I can ride in a balanced, light seat in walk, trot and canter
- I can outline:
  - a) the phases of the jump
  - b) how to ride a good approach and getaway
  - c) rider position
  - c) differences between fence types
- I can ride:
  - a) a course of five ground poles in trot
  - b) a single ground pole in canter
  - c) a single cross pole from trot (height 30cms)
  - d) a single upright fence from trot (height 30cms)