



# Platinum Leadership Awards

## Goal Setter EXPLORER CHALLENGE

Set yourself a long-term goal (or more than one) for your future and write a personal development plan to help you take the first steps towards achieving it. Focus on how you can develop your transferable skills to help towards your future learning, career or hobbies.

Break your goal down into short-term and medium-term goals that you can work to achieve at your centre over a minimum of 6 months. You might want to consider training for and taking a BHS Stage assessment, completing a series of Explorer Awards or finding work experience to add to your CV. Create a SWOT analysis to help you identify your strengths, weaknesses and any opportunities or threats that could apply to your goals.

Self-reflect on all the skills you have learnt during the Explorers Leadership Awards; identify what transferable skills you have and consider how they will be useful in the future.

Participants identify a long term goal that they would like to achieve in the future. Break down that goal into something they can achieve now that will help them in the future (for example – long term goal to be an equine vet, start now by working towards achieving Stage Care assessments)

Participants have six months to work towards achieving their short/medium term goal. It could be something they practice daily, weekly or monthly but participants must be able to discuss how this goal has helped them progress towards their long-term goal and develop their transferable skills.

There is a section in their book (p50-63) to help them plan and track their progress and a self-reflection section at the end.

The participant should lead the whole experience

Discuss what they have learnt from the experience and how you can continue to support them moving forwards.

### Examples of goals:

- BHS Stage Assessments
- A series of Explorer Awards (bronze/silver)
- A series of Challenge Awards (gold/platinum)
- Take a relevant online qualification
- Take a practical course
- Event Management
- Regular shadowing or work experience



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Checklist for achievement	
<ul style="list-style-type: none"> <li>• Explain what is meant by transferable skills and identify their own transferable skills</li> <li>• Write a PDP</li> <li>• Write SWOT analysis</li> <li>• Identify long term SMART goal</li> <li>• Break down long term goal into relevant achievable short/medium term SMART goals</li> <li>• Plans steps to achievement</li> <li>• Demonstrate progress towards achieving goals</li> <li>• Explain how the smaller goals have helped them progress towards their long-term goal</li> <li>• Self -Reflect</li> </ul>	<p><i>Be able to give examples of transferable skills they have and how they developed them.</i></p> <p><i>Use the template in the book or produce their own PDP to identify and plan towards achieving their future goal.</i></p> <p><i>Identify their strengths, weaknesses, opportunities and threats to achieving their goal. Template in book</i></p> <p><i>Participant can choose to develop skills that will help with their intended future career or if more appropriate choose something that they have an interest in and will help to develop their transferable skills. Record in book.</i></p> <p><i>Discussion with coach to set the goals, use the template in the book, research opportunities available. Identify how this will help towards long term plan</i></p> <p><i>Use template in book or create own. Achievable and measurable steps set out to measure progress. Potential obstacles identified and planned for as much as possible. This should be regularly reviewed, and changes made as required.</i></p> <p><i>Progress discussed or demonstrated and recorded. Regular meetings arranged with coach to review progress including challenges faced, support with planning or making changes as required.</i></p> <p><i>Discussion and skills identified.</i></p> <p><i>Complete questions in book. Discussion with coach.</i></p>
Things to consider	
<ul style="list-style-type: none"> <li>• What industry links do you have that could help support the participant with their goals?</li> <li>• How will you support each participant?</li> <li>• Participants aren't expected to achieve their long-term goal by the end of the six months</li> <li>• The timeframe can be extended if required</li> <li>• Participants should be able to demonstrate what they have achieved (short term goals) and how this will help them towards their future goal</li> <li>• Participants can change their plans if circumstances dictate (for example injury, new opportunity available)</li> <li>• How will the participant demonstrate progress within the timeframe?</li> <li>• More time can be allocated if required but a minimum of 6 months must be allowed</li> </ul>	