Team mate feedback

During your coaching session you may be observing other team members carry out tasks. Use this opportunity to learn and build on your skills and also to give useful feedback to other team members. As an observer you may pick up on an area of their performance that they haven't. You should aim to provide relevant and honest feedback in a polite manner to encourage development and to motivate the recipient to want to improve. If you're not sure how to complete this form, ask your coach for feedback and work through it together.

Your name: .....

Date of session: .....

Name of team mate: .....

- Topic and level of award (for example, lungeing, silver):

- What skills were you observing your team mate carrying out?

- What areas do you feel your team mate was very good at?

- What areas do you feel your team mate could improve on?

- Make some suggestions on how they could improve this