

Mounted Games Checklist Guidance

Mounted Games	Notes for guidance
<ul style="list-style-type: none"> • I can outline the benefits of mounted games • I can describe an appropriate warm up for my horse and myself • I can ride with my reins in one hand in walk and trot • I can ride with an independent seat in walk and trot • I can demonstrate how to: <ul style="list-style-type: none"> a) Pick something up from a raised platform/bin b) Drop an object into a bucket c) Pass an object to another rider in walk • I can complete three different mounted games races using the correct aids • I can cool my horse down after a mounted games session 	<ul style="list-style-type: none"> ▫ <i>Benefits could include: improve rider co-ordination, rider balance, improve partnership with horse/bond/trust, team sport. Or any other acceptable answer.</i> ▫ <i>Warm up should be appropriate to rider and horse</i> ▫ <i>Ride with reins in one hand: reins knotted, rider able to demonstrate control in walk and trot through transitions, turns, halt, on both reins</i> ▫ <i>Rider able to demonstrate a balanced position in walk and trot without reliance on the reins for balance, able to use weight/seat aids as appropriate for level</i> ▫ <i>a) Awareness of lines, approach, speed, balance, co-ordination</i> ▫ <i>b) Awareness of lines, approach, speed, balance when leaning down and sitting up, co-ordination, object stays in bucket</i> ▫ <i>c) Object passed safely, awareness shown of distance, horse reaction, lines taken</i> ▫ <i>Any games listed in the booklet or any other appropriate games. Played safely with awareness of speed, balance, co-ordination, aids used, neck reining used if appropriate</i> ▫ <i>Cool down appropriate for horse and rider</i>

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