

Gold Leadership Awards



Team Player EXPLORER CHALLENGE

Strengthen friendship bonds by organising and taking part in an Explorer team building adventure. Decide in your group what you want to do. You could choose one big activity that can be done in a day or take part in several shorter activities on different days. Each group member should take responsibility for planning and leading part of the adventure.

Examples of team activities include:

- Have a day out at an equine event
- Take part in an organised ride
- Train for and take part in a charity event (for example an organised run)
- Teambuilding activities (For example Go Ape, sports centre, gaming, escape room)
- Take part as a team in the Riding School Championships
- Enter a team competition (For example Team Quest)
- An overnight camp
- Spend a day Orienteering/geo-caching
- Plan and go on a day hike
- Long hack with a picnic stop
- Build an overnight camp in the field
- Help to organise and run a centre competition
- Volunteer to help at an event (BRC Championships for example)

Checklist for achievement

• Ideas suggested and discussed as a team	<i>Take part in group discussion, listen, feedback, make suggestions. Book completed</i>
• Action plan created	<i>Planning skills demonstrated- timeline created, write task list, problems identified and planned for, or solutions found, planning ahead, organisation of themselves and whole team. Recorded in book</i>
• Team building activity carried out	<i>Activity successfully and safely carried out. Roles and responsibilities required discussed, defined and shared out</i>
• Teamwork skills demonstrated	<i>Interaction with other participants, positive attitude, appropriate verbal and written clear communication, listening, group ground rules established and followed, tasks achieved on time</i>
• Leadership skills demonstrated	<i>Responsibilities and tasks allocated and completed on time.</i>
• Self-reflection on experience	<i>Questions answered in booklet, discussion with team and with coach.</i>

Things to consider

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- The adventure chosen must include all team members
- Travel, preparation on the day etc can be included as part of the adventure.
- There is the option to do one longer activity that lasts all day or several smaller activities over several days
- Think about the Logistics – transport, cost, permission, insurance, equipment, fitness levels of horses and riders, will they need to fundraise to fund the activity?
- Check insurance requirements for days out and all activities
- Although the group should take the lead in planning and organising the coach will need to support and risk assess. Involve the participants in writing the risk assessment as part of the plan.
- The planning should be done by the group with minimal input from the coach. They could present their plan for checking and challenging by the coach to make sure the plan will be successful.
- The group should arrange regular catch-up meetings with their coach to make sure everything is on track.