# BHSI – RIDE OBSERVATION SHEET (Dressage Pathway)

**SECTION 5. RIDING AND TRAINING THEORY**

(Session time approximately 45 mins).

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| Assessor name: |  |
| Candidate name: |  |
| Date: |  | Centre: |  |

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| Demonstrate developed interpersonal skills in a discussion situation.Demonstrate developed technical knowledge across the range of subject matter.Demonstrate awareness of personal limitations and ability to develop. |  |  |
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| **COMPETENT** |  **NOT YET COMPETENT**  |

 **PTO for General Criteria**

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|  | **Achieved?** |
| Prioritise the wellbeing and welfare of the horse | Y N |
| Interact and communicate with people effectively | Y N |
| Read and empathise with all equines | Y N |
| Show practical competence when handling horses and equipment | Y N |
| Maintain composure, focus and self-control at all times | Y N |
| Recognise own limitations and remain receptive and perceptive | Y N |
| Show ability to work in a pressurised situation subject to time constraints | Y N |
| Understand the role of the BHS within the equestrian community | Y N |
| Understand the links between coaching and competition | Y N |
| Self-reflect and evaluate performance | Y N |

**GENERAL CRITERIA FOR THE BHSI RIDING CERTIFICATES**