

BHS Paralympic Legacy Access Project

Route 4 – North Norfolk 2



PLAP Route 4 – North Norfolk 2

Distance: Approximately 12 miles

Map: Ordnance Survey Explorer Map Number 250 (Map 1:25000)

Notes: Take care when identifying tracks as many on this route cross or are on private land. See the online Norfolk interactive map showing rights of way.

North Norfolk offers carriage drivers/riders a wide variety of landscapes, from rolling open farmland to heathland and cultivated fenland.

Miles of open countryside exists – much of which is off-road and seemingly far from habitation.

It's important to take care when identifying tracks as many are on private land. Norfolk County Council's Countryside Access Department offers an interactive map online service which enables people to identify the rights of way on routes and areas where public access to the countryside is possible.

Two drives/rides of approximately 12 miles have been identified. This ride combines carriage driving/riding using private farmland and minor lanes at Abbey Farm, East Walton. Both routes follow part of the Peddars Way which is a long-distance trail based on a roman road running from Knettishall Heath in Suffolk to Holme-next-the-Sea on the North Norfolk coast.

The two identified routes are obviously intended for more active drivers and riders seeking access to all forms of off-road opportunity, but the area also offers a number of shorter routes on quiet lanes through which it is possible to really enjoy driving a carriage quietly around the countryside at a slower pace.

Route Description

From St Mary's Church follow the main village road southwards, keeping the pond on your left.

Pass Lynn Lane on your right – (opposite the southern end of the pond) and continue along Castle Acre Road.

A short distance after passing Lings Country Goods (Heath Farm) on your right is a fork junction. Follow the right-hand fork of this down Drunken Drove.

After about a mile the Peddars Way crosses the road. Turn right (northwards) here.

Continue along this track for approximately two miles (crossing over two roads) until you can see the A 148 directly in front of you. Just before this, turn left along the back of the Dogotel Kennels and Cattery, and left again just after the boundary of the land owned by the Kennels finishes.

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Follow the field edge for approximately half a mile before reaching another track crossing at right angles. Turn right and continue round the edge of the wood.

After approximately one mile you will see a small belt of trees on your left.

Continue to follow this track until reaching another crossing of two lanes/tracks. (The sign is ahead of you and not very obvious).

Turn left (Eastgate Drove) to Congham Heath Wood.

Turn left when you meet the tarmac road and continue for approximately 2.5 miles until you reach West Heath Farm on your left.

Cross straight over the Peddars Way and return to Great Massingham.

Directions confirmed by Abbey Farm Liveries May 2013 – suggestions for other routes also available from here.

General Information

Places of interest: Details of the vast range of places there are to visit and activities available can be found on [Visit North Norfolk](#).

Food/shops: Pub food and B&B facilities can be obtained from The Dabbling Duck pub in Great Massingham (PE23 2HN, 01485 520827), or West Heath Barn (Lynn Lane, Great Massingham. Contact Sue Zipfell on 01485 521748 or 07748 045093).

Insurance: The BHS recommends that before undertaking any part of this route, both horse and rider should be adequately insured against public liability. The British Horse Society can provide public liability and personal accident insurance cover as well as many benefits if you join as a member (terms and conditions and territorial limits apply). For more information or to join, visit www.bhs.org.uk/membership.

Feedback: These routes are kept to the standard that the local authority can afford. They were all accessible at the time of launch and are on definitive public rights of way. If you experience any problems with the routes or wish to raise any concerns, please contact the local authority, your local BHS Access Officer or the Access Team at BHS HQ via access@bhs.org.uk.

About the Paralympic Legacy Access Project

In 2013, the BHS launched the Paralympic Legacy Access Project (PLAP), dedicated to identifying and promoting 20 off-road routes across Britain. The 12-mile circular routes were recognised to suit the needs of carriage drivers with physical limitations.

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The project was inspired by an anonymous donation to commemorate the achievements of the Paralympics and Para World Carriage Driving Championship in 2012. Launched by BHS President, Martin Clunes, the 20 routes were all tested prior to launch.

A huge thank you to those who volunteered their time, knowledge and input to create the routes of the Paralympic Legacy Access Project.

Discover more at www.bhs.org.uk/carriagedriving

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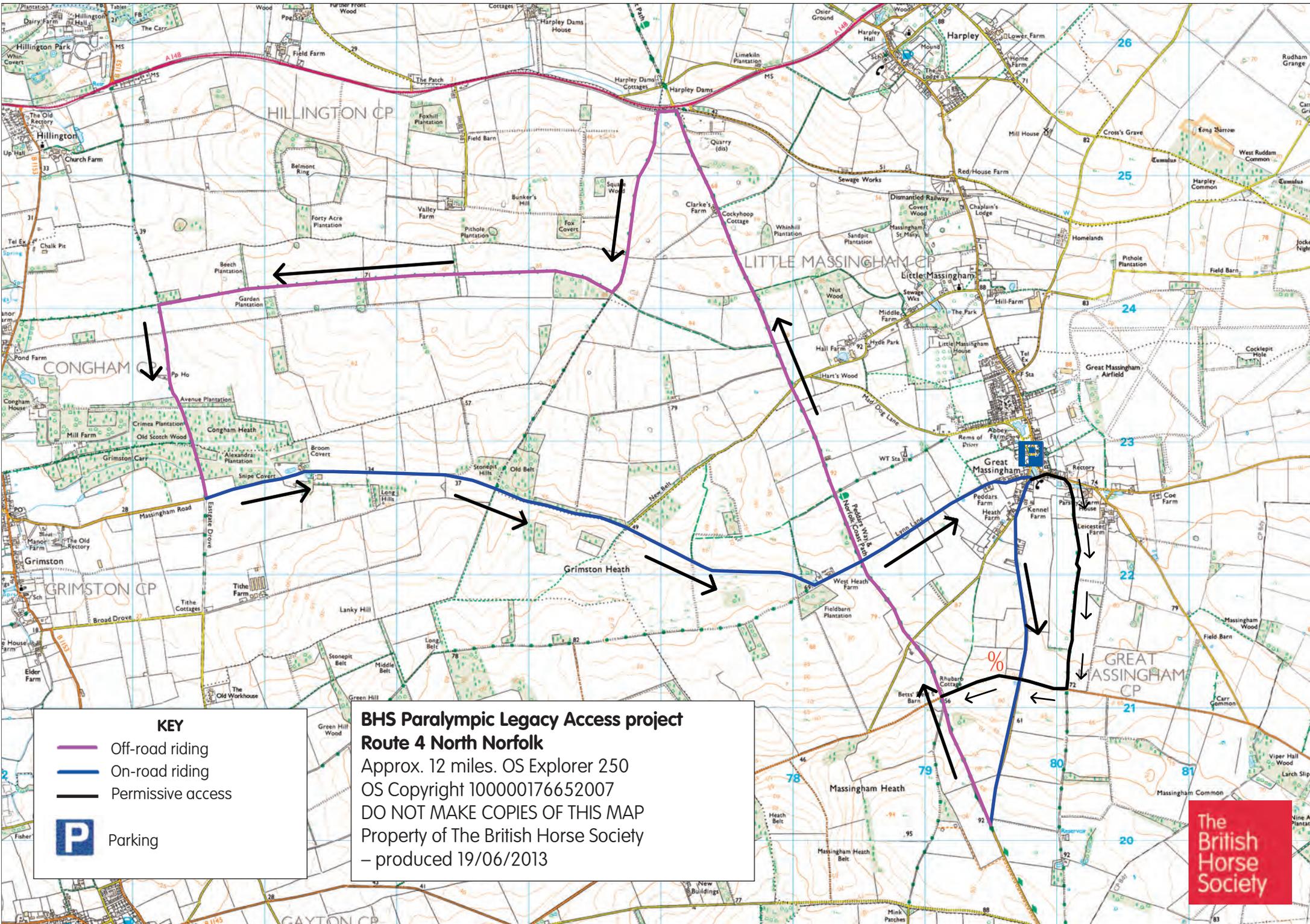
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Find out more

www.bhs.org.uk/accessadvice



KEY

-  Off-road riding
-  On-road riding
-  Permissive access

 Parking

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Approx. 12 miles. OS Explorer 250

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