# BHSI – COACHING OBSERVATION SHEET (General Pathway)

**SECTION 2. Coach a private show jumping lesson**

(Session time approximately 45mins. Including discussion with the assessor.)

|  |  |
| --- | --- |
| Assessor name: |  |
| Candidate name: |  |
| Date: |  | Centre: |  |

|  |  |  |
| --- | --- | --- |
| All red criteria and a total of **8** criteria **must** be achievedMaintain health, safety and welfare of horse, self and others.Demonstrate competence to coach with empathy, effect, and understanding of the horse’s capacity to learn and well-being.Demonstrate competence to assess, evaluate and improve a potential candidate up to 1.10m using appropriate exercises.Be able to recognise, address and explain the effect of a rider’s position and influence.Show clear understanding of strengths and limitations of horses working with candidates and riders preparing for assessmentsDemonstrate appropriate coaching styles and discuss a range of coaching styles.Show clear communication skills and develop rapport with the rider.Demonstrate clear understanding of the requirements of all BHS assessments.Be able to use the Training Scale and the scale of marks as objective measurement criteria.Show ability to influence development and future planning.Show ability to positively self-reflect. |  |  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |

Y/N

Comments

|  |  |
| --- | --- |
| **PASS** | **FAIL** |

**PTO for unit criteria**

|  |  |
| --- | --- |
| **GENERAL CRITERIA FOR THE BHSI COACHING CERTIFICATES** **(All must be achieved in this qualification)** | **Tick with solid fill** |
| Show commitment to prioritising the wellbeing and welfare of the horse |  |
| Show ability to interact and communicate with people effectively |  |
| Show clear ability to read and empathise with all equines |  |
| Show practical competence when handling horses and equipment |  |
| Show ability to maintain composure, focus and self-control at all times. |  |
| Show ability to recognise their own limitations and remain receptive and perceptive |  |
| Show ability to work in a pressurised situation subject to time constraints |  |
| Show clear understanding of the role of the BHS within the equestrian community |  |
| Show clear understanding of the links between coaching and competition |  |
| Show ability to self-reflect and evaluate performance |  |
| Show familiarity with current coaching ethos |  |